



# Presentation Day



Hello Fletcher Free Library families and friends!

Vermont Family Network’s Puppets in Education is excited to bring your community a day of puppet presentations on **Anxiety**. An overview of this topic is included below.

After the program, you will receive a “Keep the Conversation Going” informational sheet with resources and suggested conversation starters for your family.

If you have any questions or concerns, please contact:

Megan Estey Butterfield, [mbutterfield@burlingtonvt.gov](mailto:mbutterfield@burlingtonvt.gov)

### Anxiety Puppet Program

Natalie doesn’t like how her body feels when she’s worried. Adam explains that worry is normal, but sometimes it can become a problem. They talk to Natalie’s worry, which takes the form of a red octopus, and encourage the audience to participate. They try out several different tools to deal with worry and encourage students to come up with their own.



## Show Date

Monday, June 24, 2024

## Program

Anxiety Puppet Program

10:15-10:50	Mixed ages
-------------	------------

## Funders

This program has been generously funded by the Vermont Department of Mental Health.

## Vermont Family Network

We empower and support all Vermont families of children with special needs. If you want to know more about how we can support *your* family, please reach out to us at [info@vtn.org](mailto:info@vtn.org)

